

delicious THE FOOD SHOP

☎ 012 460 7996 ✉ deli@carltoncafe.co.za 🐦 @carltoncafe 📍 carltoncafedelicious 📍 we trade on mondays 07:30-16:00, tuesdays to fridays 07:30-17:00, saturdays 07:30-14:00

savoury cocktail items

PLATE DEPOSIT PAYABLE • ONLY SOLD IN DOZENS OR HALF DOZENS • IF PLATING IS REQUIRED, A PLATING FEE WILL BE CHARGED PER PLATTER

COCKTAIL QUICHES

one filling per dozen (see quiches section below) **132.00/doz**

COCKTAIL MEATY ITEMS

beef fillet kebabs **215.00/doz**

chicken breast kebabs **178.00/doz**

chicken drumsticks in our own barbecue sauce **180.00/half doz**

cocktail beef meatballs with sundried tomato and feta cheese **127.00/doz**

cocktail beef meatball and salad kebabs **160.00/doz**

INDIVIDUAL PICNIC PIES

chicken **106.00/doz**

lamb **127.00/doz**

beef and onion **127.00/doz**

ARTISAN COCKTAIL SARMIES

brie, tomato and basil **22.00 each** (minimum order of 6)

carlton's spicy chicken mayo **22.00 each** (minimum order of 6)

beef biltong in balsamic and maple dressing with brie **26.50 each** (minimum order of 6)

CHEESE PLATTER S.Q.

please consult with us to determine your needs

picnic fare

MORE THAN ENOUGH FOR TWO HUNGRY ADULTS • EXCLUDES DRINKS

CARLTON BASIC BOXED PICNIC FOR TWO 450.00

two cocktail quiches (see list) • two cocktail marmite® tarts • two beef biltong sarmies • two cocktail chicken pies • one green salad • one each of our signature dark chocolate brownie and white chocolate blondie • fresh seasonal fruit • one mini cheese platter and preserves

ALSO INCLUDED: salt and pepper • our picnic basket is packed in a biodegradable picnic box with biodegradable paper plates and containers, bamboo cutlery, paper serviettes and wet wipes

large quiches

MADE TO ORDER • 26cm DIAMETER (SERVES 8 TO 12)

butternut and chilli **127.00**

spinach and feta cheese **127.00**

roast vegetable **138.00**

spinach, feta cheese and bacon **156.00**

roast vegetables with bacon **156.00**

tomato and camembert **170.00**

chicken, mushroom and feta **180.00**

chicken, sundried fig and brie **185.00**

beef biltong, pear and gorgonzola **265.00**

WE REQUIRE A MINIMUM OF THREE WORKING DAYS TO PREPARE ORDERS • ALL PRICES ARE SUBJECT TO CHANGE AND THE AVAILABILITY OF INGREDIENTS

signature pies

FROZEN HANDMADE SINGLE-CRUST PIES WITH UNCOOKED PASTRY • GLAZE WITH A BEATEN EGG, BAKE AND SERVE WITH A CRISP SALAD AS A FAMILY MEAL

CHICKEN PIE

medium (serves 2 to 4) **150.00** • large (serves 10 to 12) **420.00**

chicken and seasonal vegetables

BEEF AND ONION PIE

medium (serves 2 to 4) **205.00** • large (serves 10 to 12) **600.00**

braised beef in red wine with sautéed onions, bacon and mushrooms

DUCK AND CHERRY PIE

medium (serves 2-4) **280.00** • large (serves 10-12) **770.00**

slow roasted shredded duck, black cherries and thyme

VENISON PIE S.Q.

subject to availability

deli meals

READY-MADE DELICATESSEN MEALS THAT FREEZE WELL THAW, REHEAT AND SERVE WITH A SALAD

LASAGNE

VEGETABLE LASAGNE

medium (serves 2 to 4) **150.00** • large (serves 10 to 12) **420.00**

fresh pasta sheets layered with mediterranean vegetables and cheese

MADE TO ORDER ONLY; NOT SUITABLE FOR FREEZING

BEEF LASAGNE

medium (serves 2 to 4) **160.00** • large (serves 10 to 12) **455.00**

fresh pasta sheets layered with lean beef mince in a bolognese sauce

CHICKEN LASAGNE

medium (serves 2 to 4) **190.00** • large (serves 10 to 12) **545.00**

fresh pasta sheets layered with chicken breast, spinach, butternut, ricotta, pecan nuts and with a french brie and emmenthal topping

BOBOTIE

VEGETABLE BOBOTIE

medium (serves 2 to 4) **150.00** • large (serves 10 to 12) **420.00**

layers of roasted brinjal, goat's cheese and balsamic onions infused with caraway seeds and topped with a curried savoury custard. WHEAT-FREE, VEGETARIAN; NOT SUITABLE TO FREEZE

FISH BOBOTIE

medium (serves 2 to 4) **160.00** • large (serves 10 to 12) **455.00**

traditional cape malay recipe made with smoked snoek and white fish

TRADITIONAL BOBOTIE

medium (serves 2 to 4) **175.00** • large (serves 10 to 12) **525.00**

traditional south african recipe prepared with lean beef mince

MACARONI CHEESE

TRADITIONAL MACARONI CHEESE

medium (serves 2 to 4) **130.00** • large (serves 10 to 12) **395.00**

old fashioned macaroni cheese made with cheddar and bacon

CARLTON MAC & CHEESE

medium (serves 2 to 4) **130.00**

plain macaroni cheese flavoured with truffle oil and lots of parmesan cheese

BAKED AUBERGINE, TOMATO AND MOZZARELLA

medium (serves 2 to 4) **150.00** • large (serves 10 to 12) **440.00**

aubergine layered with a tomato reduction and mozzarella cheese.

THIS DISH IS NOT SUITABLE TO FREEZE

delicatessen salads

SALADS PRICED PER PORTION OF 250ml

VANITY FARE SALAD 30.00

cucumber, tomatoes, shredded red onion, olives and feta on salad greens

VEGETABLE & COUSCOUS SALAD 35.00

roast mediterranean vegetable and couscous salad with nuts

GREENPIECE 35.00

a green affair with salad greens and fresh and steamed seasonal vegetables topped with slices of green melon, micro herbs and marsala roasted grapes

the lighter side

IDEAL AS STARTERS, SNACKS OR LIGHT MEAL WITH SALAD

SEASONAL VEGETABLE TERRINE 295.00 (26cm loaf)

fresh seasonal vegetables with crêpes and baked in a parmesan-mustard béchamel sauce (refrigerate; serve at room temperature with a green salad)

INDIVIDUAL VEGETABLE BOBOTIE 55.00 each (min. order of 6)

single servings - layers of roasted brinjal, goat's cheese and balsamic onions infused with caraway seeds and topped with a curried savoury custard. WHEAT-FREE, VEGETARIAN; NOT SUITABLE TO FREEZE

DUCK LIVER PÂTÉ 60.00/250g

a traditional pâté prepared with thyme and muscadell topped with grape coulis

BILTONG PÂTÉ 80.00/250g

made with our own signature beef biltong, this pâté is prepared with organic cream cheese and sweet chilli sauce

RACHEL'S SMOKED SALMON ROULADE 180.00/500g

smoked salmon trout and salsa verde rolled in molten mozzarella cheese, refridgerated to set. serve slices as canapés or add to a salad as a light meal

signature dishes

* PREMIUM FRESH MEAT FROZEN AFTER REPARATION

WHOLE ROAST SALMON TROUT 250.00/kg

whole roast salmon trout stuffed with lemon, ginger, garlic and fennel (cooked; presented whole)

WHOLE ROAST CHICKEN 115.00/kg

the classic - citrus, thyme and butter basted whole roast chicken (cooked; presented whole)

CHEF'S PORK SAUSAGES 225.00/kg

handmade sausages made with pork belly, maple syrup, garlic and chilli (uncooked and frozen)

SPICED LEG OF PORK 140.00/kg

whole leg of pork rubbed with a selection of spices and slow-roasted in the oven; served with saffron and pear chutney (cooked; please note that the legs of pork are not at all small)

STUFFED DUCK 275.00/kg

whole duck stuffed with raspberries and slow-roasted; served with our raspberry and sweet wine sauce; minimum weight of 1.5kg; cooked; can be frozen if preferred; serve cold or reheat)

LEG OF LAMB* 265.00/kg

leg of lamb slow-roasted in lemon, herbs and olive oil; served with our feta mash as a condiment (cooked; presented whole)

BEEF FILLET* 250.00/kg

whole fillet of beef rolled in pink peppercorns and fresh mint (cooked medium; presented whole)

DELIFARE

sweet things

MADE TO ORDER • PLATE DEPOSIT PAYABLE

signature cheesecakes

CARLTON FRIDGE CHEESECAKE 350.00 (26cm)

gelatine-free; made with organic cream cheese in butter and oats crust
+ **OPTIONAL ADD** mixed berry sauce as a topping **+35.00**

BERRY-SWIRL CHEESECAKE (GLUTEN-FREE) 345.00 (26cm)

fridge cake with a coconut crust made with organic cream cheese and berries

BAKED NEW YORK CHEESECAKE 365.00 (26cm)

plain baked cheesecake made with organic cream cheese

LEMON CHEESECAKE 365.00 (26cm)

baked cheesecake made and topped with chef's own lemon curd

OREO® BAKED CHEESECAKE 375.00 (26cm)

baked cheesecake made with crushed Oreo® biscuits topped with caramel

BAKED BANTING CHEESECAKE 380.00 (20cm)

gluten & wheat-free baked cheesecake made with macadamia butter and xylitol

chocolate cakes

SINGLE DARK CHOCOLATE MOUSSE CAKE 340.00 (26cm)

★ double layer chocolate sponge topped with dark chocolate mousse, wrapped in a chocolate ribbon

DOUBLE DARK CHOCOLATE MOUSSE CAKE 455.00 (26cm)

★ four layer chocolate sponge topped with dark chocolate mousse and wrapped in a chocolate ribbon

★ ADD OPTIONAL EXTRAS TO OUR SINGLE OR DOUBLE MOUSSE CAKES

dress with fresh roses and textile ribbon **+125.00**

OR

dress with chocolate truffles and textile ribbon **+160.00**

CHOCOLATE GANACHE CAKE 255.00 (20cm)

old fashioned chocolate cake layered with chocolate ganache

FLOURLESS DARK CHOCOLATE CAKE 280.00 (20cm)

a wheat-free, gluten-free, rich dark chocolate cake (contains sugar)

other sweet things

CARROT CARAMEL CAKE 285.00 (26cm)

carrot-pecan cake layered with chef's caramel cream cheese frosting

TRADITIONAL DEEP PUMPKIN PIE 285.00 (26cm)

handmade pastry filled with a mildly sweet and spicy pumpkin custard

cupcakes & friands

PRICED INDIVIDUALLY • MINIMUM ORDER OF HALF A DOZEN PER ITEM

friands with seasonal fruit **20.00**

dark chocolate ganache cupcake **25.00**

vanilla, olive oil and white chocolate ganache cupcake **25.00**

blueberry and white chocolate cheesecake cupcake **25.00**

carrot-pecan cupcake with white chocolate topping **25.00**